

UTOPIA

Wrap on its own..... £ 10.99

Box it up..... £ 14.99

A wrap with salad and dip.

Build Your Own Bowl..... £ 14.99

Choose rice or salad with your favourite filling and a dip.

£5 Meal Deal.....

Grilled & smashed Falafel Salad: Falafel on fresh salad of seasonal greens, topped with tahini sauce.

Wraps or Bowls

1 Lamb Mince Sujuk

My mum's unique recipe: Juicy minced lamb, rich in fenugreek and smoky Middle Eastern spices. Served with garlic sauce and pickles.

2 Chicken Sumac Mosakhan

Inspired by traditional Palestinian cuisine: Savory sumac chicken with caramelised onions. Served with garlic sauce and pickles.

3 Smashed and Grilled Falafel

Uncle Mahmoud's healthier recipe: Crispy falafel with hummus, drizzled with tahini, and topped with a fresh salad of tomato, cucumber, caramelised onions, and pomegranate molasses.

4 Chicken Liver (Foie de Volaille)

Tender grilled liver with sumac, caramelised onions and pomegranate sauce. Served with garlic sauce and pickles.

Sides

5 Hummus

Creamy chickpea dip.

6 Baba Ghanoush

Grilled aubergine with mixed peppers, parsley, and pomegranate.

7 Muhammara

Pepper paste (mild spice), with tahini, walnuts, and olive oil.

8 Tasty Rice

Fluffy, seasoned rice.

9 Fattoush Salad

Seasonal greens, tomatoes, cucumbers, and radishes. Dressed with pomegranate molasses, sumac, lemon, and olive oil.



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